



Recovery Doesn't Mean You're Done

Tuesday evening, November 28 at 7 PM

First Congregational Church in Natick, 2 East Central Street, Natick

Join us on Tuesday, November 28th at 7:00 PM for a conversation with Justin Cambria, the Director of Clinical Outreach at O'Connor Partners in Boston. O'Connor Partners helps parents and families navigate the slippery slope of intervention for addiction/mental illness for their loved ones. His guidance has been a turning point for many families, diffusing the shame and stigma that is so often experienced by those coping with addiction. Justin speaks from both a personal and professional perspective as a recovering addict/alcoholic. In an interview setting, facilitated by Dale Sinesi, Justin will share his story of addiction and the way that addiction intersects with other mental health disorders.

We will also be viewing a video from *Shatterproof*. *Shatterproof* is a national nonprofit organization dedicated to ending the devastation that addiction causes families. *Shatterproof* is committed to getting out the word that addiction is a disease and it is time to start treating it like one.

Justin has a Master of Social Work and a Master of Business Administration degree from Boston College. He combines deep clinical understanding, informed by perspectives on trauma and culture, with a practical, strategic understanding to his work with clients. With his extensive experience in yoga, Justin partners with his clients to help them learn how to be in the moment and appreciate the struggle of the journey as part of the process of being. He has led mindfulness and mediation groups for adults, both inside and outside of the recovery community. As someone who is in long-term recovery from a substance abuse disorder, he is passionate about working to end addiction.

This session is the second in our 2017-18 series on community responses to mental health challenges. For more info: visit www.firstchurchnatick.org.